



TREATMENT LIST



Welcome to Pearl Spas. Our aim is to guide you to experience wellness and serenity, offering the perfect escape to regain harmony between the body and overall well-being. Irrespective if it is a lavish day or just an intensive hour, we will surround you with tranquility, offering you a variety of unique therapeutic and revitalizing treatments to soothe and pamper the mind, body, and soul.

Contents

- Pearl Spas Signature Packages
- Body Wellness Escapes
- Oriental & Holistic
- Facial Treatments
- Thalion & Elemis Treatments
- Eyelash & Eyebrow Care
- Hands & Feet Care
- Kids Spa
- Body Cleansing Ritual
- Moroccan & Turkish Hammam Rituals
- Ayurveda
- Ayurvedic Escape Packages
- Spa Information



Pearl Spas Signature Packages

Spa Treat

Indulge in a quick Spa Escape focusing on a relaxing Back Massage and a revitalizing Facial.

- Back • Neck and Shoulder Massage
- Revitalizing Facial (Cleanse, Scrub, Mask and Moisturize)

🕒 50 mins

€65 per person

Manscape

Strictly designed for men's needs. A deep tissue massage to release tension and re-energize the muscles followed by Reflexology. Work on Nerve stimuli will unwind and relaxes the body.

🕒 50 mins

€70 per person

🕒 80 mins

€100 per person

Spa Indulgence

Escape into a serene world of bliss with a touch of different treatments to leave you feeling pampered.

- Sea Salt Scrub • Head Massage • Revitalizing Facial
- Seabreeze Back Massage • Foot Treatment Mask

🕒 80 mins

€100 per person

Cleopatra's Escape

Drift to the Egyptian Era by immersing in a nourishing Honey & Milk Bath, taking you off to a journey of total bliss and relaxation with an infusion of essential oils, resulting into leaving your skin highly nourished and smooth.

- Cleopatra Milk Bath
- Warm Oil Aromatherapy Full Body Massage

🕒 80 mins

€90 per person

Honey Sugar Ritual

A Honey Sugar Scrub will deep cleanse your skin and eliminate dead skin cells. A well-being massage will increase circulation leaving you relaxed as various blends of essential oils penetrate deep in the skin.

- Honey Sugar Scrub • Honey Face Mask
- Well-Being Full Body Massage

🕒 80 mins

€100 per person

Detox

Green Tea might taste bitter however it is highly recommended for its well-known detoxifying benefits for the body. We will deep cleanse the skin with a Green Tea Apple scrub, combined with a lymphatic drainage massage, which benefits are enhanced to promote blood flow.

- Green Tea Apple Scrub • Lymphatic Drainage Massage

🕒 80 mins

€100 per person

Mother of Pearl

Drift into a sanctuary of luxury, a sensuous journey of ultimate wellness. We will shower you with a nourishment ritual, starting off with a coconut scrub followed by a warm revitalizing wrap. A unique Polynesian massage will lead you to a state of pure tranquility. This treatment is concluded with a luxurious Mother of Pearl Cream which will leave your skin shiny and smooth.

- Warm Wrap • Coconut Scrub • Polynesian Massage
- Mother of Pearl Cream

🕒 110 mins

€130 per person

Romantic Getaway

Drift into a Romantic Getaway with that special loved one. Enjoy a side-by-side Hot Stones full Body Massage that will leave your muscles revived and relaxed followed by a Relaxing Facial to cleanse and nourish your skin. A perfect Romantic touch to add to your holiday.

- Hot Stones Couple Massage • Relaxing Facial

🕒 80 mins

€180 per couple

Chocolate Ritual for Two

Treat yourselves to some quality time and a memory to cherish. Start off with a Chocolate Ritual to deep cleanse and nourish the skin. An Aphrodisiac full Body Massage and Oriental Head Massage will leave both of you relaxed and revived.

- Coconut Chocolate Scrub • Chocolate full Body Wrap
- Oriental Head Massage • Aphrodisiac Full Body Massage

🕒 110 mins

€260 per couple



Body Wellness Escapes

Pearl Spas Signature Massage

Using a Signature blend of oils, our Pearl Spas Signature Massage will relax your mind and body, melting away stress while drifting you off to the world of relaxation, by the use of different massage techniques.

🕒 50 mins

€75 per person

🕒 80 mins

€100 per person

Back, Neck and Shoulder Massage

A Relaxing Massage on the back, neck, and shoulder area. Our therapists will be focusing on giving maximum relaxation and easing out muscle tension to the delicate and connected muscles.

🕒 25 mins

€40 per person

Foot & Leg Massage

Focusing on either the Leg or specifically the soles of the feet, this massage is aimed at helping elevate tired feet and heavy legs. Specific Massage techniques are delicately used to increase circulation to ease out aches, pains, and soothing down wellness.

🕒 25 mins

€40 per person

Aromatherapy Massage

Spoil yourself to the world of aromatherapy! Through consultation, our therapists will guide you to choose one of the three delicately customized blends of Specified Essential Oils which penetrate the body through the skin and work their wonders to achieve maximum relaxation.

🕒 50 mins

€55 per person

🕒 80 mins

€85 per person

Couples Massage

Experience the journey of relaxation with your loved one by a side-by-side relaxing full body massage. Regulated pressure combined with simultaneous movements and traditional massage techniques will give you the infinite couples relaxation. Finish off with a glass of Sparkling wine for an extra romantic touch!

🕒 50 mins

€120 per couple

🕒 80 mins

€180 per couple

Sports Massage

As the name indicates, this type of massage is tailor made for Sports enthusiasts. Constant muscular movement will build up tension creating irregular stress to joints, tendons and supporting muscles. Qualified therapists will give you the perfect bespoke treatment needed to achieve flexibility and the perfect treat to over worked muscles.

🕒 25 mins

€45 per person

🕒 50 mins

€75 per person

Lymphatic Massage

Specific techniques combined with delicate pressure favoring Lymph flow will help move lymph fluid through lymph nodes, aiding to push toxins and waste. An ideal treatment for cellulite, water retention and help the circulatory system.

🕒 50 mins

€75 per person

Warm Candle Oil Massage

Luxury mixture of soy wax and essential oils formed delicately as candle wax is melted down, are delicately poured on the body. The lit candle produces a soothing aroma, warm and intimate feeling to achieve extreme relaxation.

🕒 50 mins

€75 per person

🕒 80 mins

€100 per person

Deep Tissue Massage

Involving sustained pressure using deep movement in slow motion to target specified muscle areas. Deep Massage helps to reduce muscle tension, and aid muscular recovery by increasing circulation.

🕒 25 mins

€45 per person

🕒 50 mins

€75 per person

Mums to Be

During the pregnancy journey women carry the embodied, causing aches and pains from increase weight and all other body changes. Our professional therapists will gently massage body areas to ease out oedema, improves sleeps, help in pelvic and back pain.

🕒 50 mins

€70 per person



Oriental & Holistic

Oriental Head Massage

Targeting the Head, Neck, and Shoulder area this massage involves the pleasure of stress relief from the neck and head. It increases circulation and ease out stress in this highly tensed area.

🕒 25 mins

€40 per person

Gua Sha Massage

Ancient Chinese, Gua Sha tools are used on the body to release muscle tension and increase circulation going through the muscles. Leaving the muscles flexible and feeling lighter.

🕒 25 mins

€45 per person

Reflexology

This session is focused on specified pressure on the meridian key points on soles of the feet to reduce stress levels. Reflexology is a vital treatment to keep energy levels flowing through nervous system.

🕒 25 mins

€45 per person

🕒 50 mins

€70 per person

Hot Stone Massage

Hot Lava stones together with manual massage deliver heat through the muscles easing out muscle tension and reliving aches. Stones are delicately placed on the Body Chakras to stimulate energy restoration and relaxation.

🕒 25 mins

€45 per person

🕒 50 mins

€70 per person

🕒 80 mins

€100 per person

Lomi Lomi Massage

Lomi Lomi is an integrative Massage originated from ancient Hawaii. 'Lomi' means 'rubbing and kneading' techniques being incorporated rhythmically together to give a soothing and relaxing Hawaiian treatment.

🕒 50 mins

€70 per person

Chinese Massage

Known as Tui Na - an ancient Chinese practice with skillful techniques involving kneading, cupping, pinching and strong techniques to free blockage of the body and release flow of energy.

🕒 50 mins

€75 per person

🕒 80 mins

€100 per person

Balinese Massage

Derived from Bali, Balinese massage is a highly nourishing treatment using warm coconut oil which is highly beneficial and nourishing for the skin. It consists of long stroke techniques at medium pressure, targeting specific areas to promote oxygen and energy to the upper muscles to revitalize and regenerate.

🕒 50 mins

€70 per person

🕒 80 mins

€100 per person

Cupping (Ventuse)

An exclusive ancient treatment involving delicate placement of specialized "cups" on the targeted area. Air is removed from cups by suction in aid to increase circulation, loosen connective tissues, and promoting healing. Cupping creates temporary bruising and soreness.

🕒 25 mins

€45 per person

Thai Massage

Qualified therapists will work on your pressure points, stretch, and pull in appropriate manner to loosen up muscle tissues. Thai massage fulfil the body with new positive energy whilst diminishing tension and stress.

🕒 50 mins

€75 per person

Pan Thai Massage

Tailor Made Herbal Bags are dedicatedly prepared at Pearl Spas using herbs and spices. Compresses are steamed and gently introduced to the body for a combination of massage techniques and infusion of warm compress. Heat transferred from the compresses will create a beautiful aroma which relaxes the senses, mind, and body.

🕒 25 mins

€45 per person

🕒 50 mins

€75 per person



Facial Treatments

Deep Cleansing Facial

A specified facial targeting deep pores cleansing, exfoliating and facial extractions. Ideal for skin impurities and deep facial cleaning.

🕒 50 mins

€45 per person

Teenage Facial (13-19 years)

Specific facial for delicate teenage skin.

🕒 50 mins

€45 per person

Advance Lifting Facial

A relaxing facial tailor made to target anti-ageing, lifting, and hydration to promote stronger collagen fibers aiding prevention. This treatment involves complex manual facial techniques, leaving your skin nourished and feeling tight.

🕒 80 mins

€80 per person

Gentlemen Facial

Tailor made facial elegantly designed for gentlemen. Skin is cleaned, nourished, and massaged. One has the option of indulging into a Deep Tissue Back, Neck, and Shoulder Massage in collaboration with the Facial.

🕒 80 mins

€80 per person

Luxury LED Therapy Facial

Innovative technology working with Intensive Light Therapy which is thoroughly chosen after a skin analysis and consultation is performed with the therapists. Different light colors will specifically target different concerns to achieve specified results.

🕒 80 mins

€85 per person

Ultrasound & Cavitation Facial

Starting off with Cavitation to deep cleanse the skin through vibration and water. Followed by an Ultrasound treatment which will increase circulation to enhance and boost collagen regeneration, strengthen elastin fibers, tighten open pores, deeply hydrate the skin, increase plumpness... beneficial to all our needs.

🕒 50 mins

€60 per person

🕒 80 mins

€85 per person

Pearl Spas Signature Facial

A treat to deeply hydrate the inside of the skin reaching living cells, to produce healthier cells which will fruitfully leave the skin appearing nourished, vibrant and healthy.

🕒 50 mins

€60 per person

Gua Sha Facial

Ancient Chinese, Gua Sha tools have specifically designed shapes to fit facial skin, using strokes that create pressure and stretch, Gua Sha Stones help realize muscular tension, boost circulation, reduce puffiness while helps for drainage aiding sinus pressure release.

Specific colored stones have specific benefits - Jade (Balancing), Rose Quartz (Soothing), Black Obsidian (Warming)

🕒 50 mins

€60 per person

Eye Treatment

Focusing only on the eye area. This is a perfect treatment to increase circulation, reduce puffiness, helps to minimize fine lines and wrinkle, nourish, and hydrates the delicacy of the area.

🕒 25 mins

€45 per person

Thalion Treatments



Ocean Secrets Facial

To reveal every woman's beauty, Thalion's laboratories have designed Ocean Secrets – Extraordinary Anti-ageing Facial. More than just a treatment, it focuses the quintessence of Thalion's technological know-how on achieving immediate results and a unique sensory experience. This unique facial is based on an innovative massage that sculpts the contours of the face and tightens the skin. This true manual lift combines deep relaxing massages with technical movements to remodel the skin's natural architecture.

🕒 80 mins

€85 per person

Facial Infinite Gentleness

A veil of softness for sensitive skin and redness.

🕒 50 mins

€60 per person

Facial Marine Sebo-Pure

To clean, cleanse and regulate oily and combination skin.

🕒 50 mins

€55 per person

Thalion Body Detox Ritual

After an invigorating scrub, a concentrate of marine ingredients is rubbed with detox specific gestures. A phase of deep detoxification follows to stimulate elimination functions and drain the body.

🕒 45 mins

€55 per person

Thalion Firming Body Wrap

A tonic exfoliation, a firming body mask and a specific massage to preserve the skin's firmness after a maternity or a loss of weight. Results: the skin is firm and the figure sculpted.

🕒 50 mins

€60 per person

Mineral Therapies-Magnesium & Calcium

These 2 cures, concentrated in Magnesium & Calcium offer targeted answers to specific needs:-Marine Magnesium: anti-stress, well-being, sportsmen cure-Marine Calcium: Anti-aging prevention, joint care, special seniorscure.

🕒 45 mins

€60 per person

Elemis Treatments



Pro-Glow Deep Cleaning Facial

Elemis signature deep cleaning Skin Wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow in one treatment, skin looks visibly refreshed and rebalanced.

🕒 50 mins

€65 per person

Pro-Glow Brilliance

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

🕒 50 mins

€65 per person

Pro-Glow Smooth

This powerful anti-aging facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal skin hydration to reveal a youthful appearance. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

🕒 50 mins

€65 per person

Pro-Glow Resurface

Purify and brighten as skin's texture is transformed. with a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri -Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

🕒 50 mins

€65 per person

Pro-Glow Genuis Facial

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by ULTRA – SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking.

🕒 80 mins

€100 per person



Eyebrow & Eyelash Care

Eyebrow Tint*

Eyebrow tinting consist of adding a special dye to your eyebrows giving, definition and enhancing of the eyebrows.

€15 per person

Eye Lash Tint*

An eyelash tint consists of adding a special dye to your eyelashes, giving you weeks of dark, full lashes without the assistance of mascara.

€15 per person

Henna Brows*

Henna brows are a form of eyebrow tinting that is used to stain the skin beneath the brow hairs. The purpose of this is to cast a shadow or create an illusion of depth and fullness in the area, visually filling in any sparseness.

€60 per person

Eyelash Lift

The "Lash Lift" is an eyelash procedure that curls, lifts, and shapes natural lashes. Your lashes are extended upwards from root to tip, creating a longer lifted appearance.

€70 per person

Eye Lash Extensions / Eyelash Touch Up

Eyelash extensions are cosmetic applications that enhance the length, curl, fullness, and thickness of natural eyelashes.

€90 per person / €55 per person

Eyebrow Threading

Threading gets every single hair, even in the tiniest hair and it can be teased out of its follicle, leaving no half-grown strays hairs. Threading will give you a well-defined brow meanwhile allowing the hair to all grow in at the same time.

€10 per person

Hands & Feet Care

Pearl Manicure

Delicate care of the hands, specializing in a deep cleanse of skin, nail, and cuticle. Focusing on giving a nice shape to the nail and giving a luxurious nourishing mask treatment. Finishing off with a costume choice of nail polish application.

 50 mins

€40 per person

Add Gel Polish for an additional €10

Pearl Pedicure

Indulge in treating your feet starting off with a foamy soap, followed by a thorough foot scrub. Care is given to nails, cuticle and a nourishing mask is applied to supple nourishment to soles of the feet.


 50 mins

€40 per person

Add Gel Polish for an additional €10

Manicure & Pedicure Gel Combo

Work is done on the nails and cuticle- pushing cuticle back and shaping up the nails, preparing the nail bed for the Gel Polish application. Finishing off with an intensive Hand/Foot cream leaving skin delicate and soft.

 110 mins

€95 per person

Gel Polish Removal

Full Set Nail Extensions / Nail Fix / Infills

P.O.R

* A Patch Test is to be booked in 24 hours prior treatment.

Kids Spa

Kids Massage

Strictly designed for the tenderness and delicacy of kids. Kids Massage helps promote growth and development, improves sleep quality, relaxes their body, and improves their academic performance. A treasured experience!

🕒 25 mins

€35 per person

Yogurt & Cucumber Facial

Using delicate skin care for sensitive skin, a quick cleanse, and a natural mask with cucumber slices to treat the little ones.

🕒 25 mins

€35 per person

Quick Mani & Pedicure

File and polish of their choice to achieve beautiful and colorful nails!

🕒 25 mins

€35 per person

Chocolate Wrap

Treat them to a mouthwatering full body chocolate wrap to full fill their sweet tooth and promote fun and relaxation.

🕒 25 mins

€35 per person

Kaumara Abyangham

Treat the little ones to a quick Indian treat using warm Ayurvedic oils to relax the body and mind of our little kids.

🕒 25 mins

€45 per person

Unicorn Facial

A unique experience for the delicate skin of Kids- a facial using a variety of natural products and an experience which will end with a small gift.

🕒 25 mins

€45 per person

Nail Polish Application

🕒 approx. 15 mins

€10 per person

Kids Spa Parties

Kindly contact us for further information on our Kids Spa Parties.



Body Cleansing Ritual

Body Scrubs

All scrubs will include an introductory Pressure Point Head Massage

Poppy Seed Orange Scrub

Coconut & Lime Scrub

Coffee & Mint Scrub

Brown Sugar & Vanilla full Body Scrub

Himalayan Scrub

Strawberry & Champagne Scrub

and finish off with an application of a Body Lotion

Body Wraps

All body wraps include an introductory Oriental Head Massage

Honey & Oat Nourishing Full Body Wrap

Chocolate Full Body Wrap

Ginger and Strawberry Anti-Cellulite Body Wrap

Healing Body Wrap

Body Scrubs	🕒 45 mins	€45 per person
Wraps	🕒 50 mins	€55 per person

Baths

Plunge into our private candle lite bath for a unique experience of water therapy with the aid of jets working on your tight muscles. Delicate ingredients inputted in the bath according to your likings

- Cleopatra Milk Bath
- Herbal Aromatic Bath

🕒 25 mins	€30 per person
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Sultan Bath Exclusive at Pearl Spas San Antonio

Sultan Bath is well known for a romantic experience for two persons. Sultan Bath can take a maximum of 8 people to enjoy this experience together at same time. Its light therapy will enhance your relaxation! Speak to us directly for further information!





Moroccan Hammam

Traditional Moroccan Hammam

Quick invigorating traditional Moroccan Ritual. Skin is exfoliated using a Moroccan Luffa, washed with black soap, and deeply cleansed with Gazul Mask.

- Luffa-Black Soap Body Soaping • Gazul Mask

🕒 40 mins

€60 per person

Royal Moroccan Hammam

Royal Moroccan treat will deep cleanse and nourish your skin leaving it smooth and polished.

- Luffa-Black Soap Body Soaping • Honey Body Mask

🕒 50 mins

€70 per person

Whitening Hammam

As name indicates, this treatment is ideal to achieve a “whiter” skin by removing dead cells and increasing circulation. Hair Mask will silken your skin and Facial Treatment will brighten your facial complexion.

- Luffa-Saffron Body Soaping • Saffron Massage-Pomegranate Face Treatment • Hair Treatment

🕒 50 mins

€75 per person

Marrakesh

Drift off to Marrakesh by indulging in this Tradition Moroccan ritual which will initiate by deep cleansing the skin. Loaded in antioxidants and long live beauty secret Argan oil also known as “Liquid Gold”, it will preciously treat the skin and hair, leaving your skin deeply cleansed, bright and luminous.

- Luffa-Argan Body Scrub • Black Soap Body Soaping • Argan Oil Massage • Rose Face Treatment • Hair Treatment

🕒 80 mins

€85 per person

Moroccan Hammam Couples Ritual

Traditional Moroccan Hammam Treat for Couples

- Luffa • Black Soap • Gazul Mask

🕒 40 mins

€120 per couple

Turkish Hammam

Exclusive at Pearl Spas San Antonio

Traditional Turkish Hammam

Quick Traditional Turkish Treat to deeply exfoliate the skin using a Kiese to eliminate dead cells followed by a deep cleansing bubble massage with Turkish soap and a Clay Mask.

- Kiese • Soap • Bubble Massage • Clay Mask

🕒 40 mins

€60 per person

Coffee Ritual

Perfect treat for the Coffee Lovers! A full Body Coffee Ritual using specific Coffee Beans extract to enhance radiance, giving youthful looking skin. It increases circulation in aid to break down cellulite, detoxify and promote glowing skin.

- Kiese • Coffee Scrub • Coffee Body Soaping • Bubble Massage • Coffee Face Treatment

🕒 50 mins

€70 per person

Olive Hammam Ritual

Olives have a history of endless benefits on the skin and body. This ritual will transport you to ancient Greek remedies well known worldwide

- Kiese • Olive Body Exfoliating • Olive Body Soaping • Olive Oil Body Massage • Hair Treatment

🕒 80 mins

€85 per person

Yogurt Hammam Ritual

Indulge in the world of natural yogurt to boost nourishment and skin regeneration. The richness of endless benefits from yogurt will leave your skin lavished.

- Kiese • Milk Body Soaping • Bubble Massage • Yogurt Facial • Yogurt Body Treatment • Hair Treatment

🕒 80 mins

€180 per couple

Turkish Hammam Couples Ritual

Traditional Turkish Hammam Treat for Couples

- Kiese • Soap • Bubble Massage • Clay Mask

🕒 40 mins

€120 per couple

Hamмам Rituals

Aromatic Hammam Ritual

Drift off to the world of Aromatherapy and diffuse in the world of Hammam.

- Kiese • Aromatic Body Soaping • Aromatic Bubble Massage
- Aromatic Body Massage

🕒 50 mins

€70 per person

Pomegranate Hammam Ritual

• Luffa • Pomegranate Body Peeling • Pomegranate Facial Treatment

🕒 40 mins

€65 per person

Sultan's Touch

Designed for gentlemen in need of a well-deserved Sultan's Treat.

- Kiese • Body Soaping • Bubble Massage • Scrub • Body Mask • Hair Treatment • Sultan's Bath • Face Treatment
- Body Massage

🕒 110 mins

€120 per person

Cleopatra's Ceremony

Intended for the perfect Female delicacy ensuing the famous Cleopatra Body Ritual.

- Cleopatra Milk & Honey Bath • Kiese-Milk Body Soaping
- Bubble Massage • Mask • Milk Therapy Hair Treatment
- Milk Face Treatment • Nutritious Massage

🕒 110 mins

€120 per person

Scent of Malta

A unique treat indulging in the use of natural local products to cleanse and nourish your skin giving you a beautiful Maltese memory to cherish.

- Luffa • Sea Salt Scrub • Bubble Massage
- Milk Body Soaping • Olive Oil Body Massage

🕒 110 mins

€130 per person

Pearl Spas Signature Hammam Couple Treat

Indulge in our unique Pearl Spas Treat using exclusive signature blends to soften your skin while giving you a blissful experience.

- Couples Sultan's Bath • Kiese • Body Soaping • Bubble Massage • Body Scrub • Body Massage • Body Mask • Face Treatment • Hair Treatment

🕒 110 mins

€240 per couple



Ayurveda

Abyangham

A Traditional Indian Massage which is the fundamental treatment to all Ayurveda. It increases blood circulation to promote regeneration to the body. Using long stroke movements with the aid of warm medicated oil to promote wellness and muscle relaxation.

🕒 50 mins **€70 per person**

🕒 80 mins **€95 per person**

🕒 110 mins **€135 per person**

Four Hand Synchronized Abyangham

This is the traditional Ayurvedic Oil Massage which involves two therapists working from top to toe, in a synchronized rhythm performed by a therapist on each side. It is an excellent treatment for mental and physical relaxation, balancing the mind, body, and soul.

🕒 80 mins **€150 per person**

Uzhici

Uzhici is the Ayurvedic term for "Deep Tissue". Ayurvedic warm oil is worked on the muscle to ease out tension while pressure applied on "Mama Points" will open Body Chakras generating increase in circulation feeding body organs and systems.

🕒 50 mins **€80 per person**

Elakizhi

Traditional Bags made in-house filled with a mixture of various herbs, leaves and coconut, dipped in warm Ayurvedic oil which are professionally rubbed on the body. Elakizhi is said to be effective towards health concerns such as arthritis, spondylitis, back pain, sports injuries and other tissue inflammations, especially joint pains.

🕒 80 mins **€105 per person**

Shirodhara

Starting off with Abyangham (Traditional Ayurvedic Massage) to release muscle tension and relaxes the mind. Warm oil is poured on the forehead (third eye) to drift you to a world of bliss and relaxation. Shirodhara is one of the most relaxing treatments one can ever indulge in! A perfect treatment to improve sleep quality, manage insomnia, lessen anxiety, and reduce stress.

🕒 80 mins **€120 per person**



Ayurveda

Ksheeradara

Warm milk is poured all over the body to deeply nourish and hydrates the skin. Since milk is extremely soothing and high in nutritive, it is a perfect treatment for any skin condition such as very dry skin and sunburns.

🕒 80 mins

€130 per person

Navarikirkhi

Start off with the Traditional warm oil full body massage. Treatment is initiated with warm rice (Navara rice) bags, dipped in milk and herbal mixture. It deeply nourishes, softens, moisturizes, and enhances skin complexion. Navarikirkhi improves Muscle strength, relive joint stiffness, and restores body energy. It is also a good treatment to soothe and nourish any skin condition.

🕒 50 mins

€75 per person

Narangakizhri

Naragna (lemon), tumeric, coconut, herbs combined together are the super ingredients which intensify this particular treatment to be effective in the relief of targeted area. Specific treatment for tennis elbow, shoulder pain and stiff neck.

🕒 45 mins

€55 per person

Pitchu

A specific treatment targeting pain in a specific area, it is an ideal treatment for anyone having sharp pain and inflammation.

🕒 40 mins

€55 per person

Pizhichil

Synchronized Abyangham (two therapists working together), using warm and medicated oil. Treatment involves the work of two therapists slowly pouring warm oil and contemporarily massaging the whole body. It is a perfect treatment for mental stress and relaxation, enhancing wellness and wellbeing.

🕒 80 mins

€180 per person

Sirovasthy

Targeting the head area, this is a specific treatment to treat insomnia, memory alignments, headaches, and migraines.

🕒 50 mins

€60 per person



Ayurveda


Ayurvedic Escape Packages

Udwarthanam

Udwarthanam is also known as the powder massage. A mixture of oil and herbal powder is applied on the body and rubbed in the skin in upward movements. This is the perfect treatment for anyone wanting to lose weight or break down cellulite, detoxify the body and improve lymph flow in the body.

 50 mins


€85 per person

 80 mins

€120 per person

Nasaym Dhooma


Using Ayurvedic oils and herbs in combination with steam, Nasaym is the perfect treatment for blocked sinuses, headache, migraine, and nasal congestion.

 25 mins

€45 per person

Ayurvedic Anti-Dandruff Hair Treatment


A treatment focused on the scalp using warm herbal oils cautiously rubbed to eradicate dandruff.

 40 mins

€55 per person


Ayurvedic Facial

Ayurvedic Facials mostly focusing on the use of natural herbs, fruits and natural enzymes to achieve brighter, nourished and vigorous looking skin!

 50 mins


€60 per person

Ayurvedic Back Massage with Herbal Compress

 25 mins


€45 per person

Ayurvedic Leg Massage with Herbal Compress

 25 mins


€45 per person

Ayurvedic Head Massage

 25 mins

€45 per person

Ayurvedic Bath


 25 mins

€30 per person

Ayurvedic Packages

Our professional Ayurvedic Therapists will tailor made a plan according to your needs and requirements, aiding to achieve the best result possible to treat and enhance your wellbeing.

Choose any 3 Ayurvedic treatments (excluding Four Hand Synchronized Abyangham & Pizhichil) at 50 minutes per session and to be redeemed in 3 days so therapists will be able to treat you according to your needs.

 3 sessions of 50 minutes each Treatment **€200 per person**

Choose any 5 Ayurvedic treatments (excluding Four Hand Synchronized Abyangham & Pizhichil) at 80 minutes per session and to be redeemed in 5 days so therapist will be able to treat you according to your needs.

 5 session of 80 minutes each Treatment **€500 per person**

Choose any 7 Ayurvedic treatments (excluding Four Hand Synchronized Abyangham & Pizhichil) at 80 minutes per session so therapists will be able to treat you according to your needs.

 7 sessions of 80 minutes each Treatment **€700 per person**



How to Spa

Arrival

Kindly be at the Spa 15 minutes prior to your treatment starting time. This will ensure that your Spa experience commences in a tranquil manner. Providing you with enough time to fill in your consultation form and coddle for your Spa experience.

Cancellation

We understand that one may need to reschedule or cancel an appointment, however a 50% cancellation fee applies if appointment is rescheduled less than 24 hours prior to treatment.

Late Arrival

Lateness for scheduled appointments will be deducted from the treatment time and not added on. Full cost of treatment is applied.

Gift Vouchers

Gift vouchers are valid until the validity date indicated on the voucher itself. Vouchers can be bought directly from Pearl Spas Reception or from our website - www.pearlspas.com. All vouchers are to be presented in hard copy to our Spa reception. Vouchers can be used at any Pearl Spa.

Spa Attire

In house guests are encouraged to use the bathrobes provided by the hotel. Guests for day Spa are provided with locker keys and bathrobes against a refundable deposit of €20.00.

Spa Rules

We recommend that no valuables are brought to the Spa as we cannot be held responsible for any loss or damage. Mobile phones must be switched off or put on silent mode. Smoking is prohibited in all areas of the Spa.

Minors

Clients under the age of 18 years must be accompanied at all times (including treatment room) by an adult. The guardian needs to sign the consultation as a consent for the treatments.

Booking & Reservation

Pearl Spas, db San Antonio Hotel Qawra
T: 2350 3705 E: sanantonio@pearlspas.com

Pearl Spas db Seabank Resort Mellieha
T: 2289 1330 E: seabank@pearlspas.com

www.pearlspas.com



Escape with us

www.pearlspas.com

