

Treatment List

pearlspas.com





Welcome to Pearl Spas.

Our aim is to guide you to experience wellness and serenity, offering the perfect escape to regain harmony between the body and overall well-being.

Irrespective if it is a lavish day or just an intensive hour, we will surround you with tranquillity, offering you a variety of unique therapeutic and revitalizing treatments to soothe and pamper the mind, body, and soul.





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Spa Treat

50 min €70 per person

Indulge in a quick Spa Escape focusing on a relaxing Back Massage and a revitalizing Facial.

- Back, Neck and Shoulder Massage
- Revitalizing Facial (Cleanse, Scrub, Mask and Moisturize)

Manscape

50 min €80 per person 80 min €110 per person

Strictly designed for men's needs. A deep tissue massage to release tension and re-energize the muscles followed by Reflexology. Work on Nerve stimuli will unwind and relax the body.

Cleopatra's Escape

80 min €100 per person

Drift to the Egyptian Era by immersing in a nourishing Honey & Milk Bath, taking you off to a journey of total bliss and relaxation with an infusion of essential oils, resulting into leaving your skin highly nourished and smooth.

- Warm Oil Full-Body Massage
- Milk Therapy Hair Treatment
- Cleopatra Bath

Honey Sugar Ritual

80 min €100 per person

The Honey Sugar Scrub will deep cleanse your skin and eliminate dead skincells, while a well-being massage will increase circulation leaving you relaxed as various blends of essential oils penetrate deep in the skin.

- Honey Sugar Scrub
- Honey Face Mask
- · Well-Being Full Body Massage

Mother of Pearl

110 min €130 per person

Drift into a sanctuary of luxury, a sensuous journey of ultimate wellness. We will shower you with a nourishment ritual, starting off with a coconut scrub, followed by a warm revitalizing wrap. A unique Polynesian massage will lead you to a state of pure tranquillity. This treatment is concluded with a luxurious Mother of Pearl Cream which will leave your skin shiny and smooth.

- Warm Wrap
- Coconut Scrub
- Polynesian Massage
- Body Moisturizing

Romantic Getaway

80 min €180 per couple

Drift into a Romantic Getaway with that special loved one. Enjoy a side-by-side Hot Stones full Body Massage that will leave your muscles revived and relaxed, followed by a Relaxing Facial to cleanse and nourish your skin. A perfect Romantic touch to add to your holiday. Finish off with a glass of sparkling wine!

- Hot Stones Couple Massage
- Relaxing Facial

Time for Us

110 min €260 per couple

Treat yourselves to some quality time and a memory to cherish. Start off with a Brown Sugar Vanilla Full-Body Scrub to deep cleanse the skin followed by a Radiance facial. Drift away to a journey of relaxation with a tranquil mind, side by side to with your loved one, a Warm Vanilla Oil Full-Body massage and an Oriental Head Massage that will leave both of you relaxed and revived.

- Brown Sugar Vanilla Scrub
- Radiance Facial
- Oriental Head Massage
- Warm Oil Vanilla Full-Body Massage

Me Time

110 min €120 per person

Indulge in a Signature Full-Body Massage, to experience different technique resulting in total bliss and relaxation. A tailor made Pearl Spas Signature Facial will treat your face to maximum benefits leaving the skin smooth and bright!

- Pearl Spas Signature Facial
- Pearl Spas Signature Massage



Pearl Spas Signature Massage

50 min €75 per person 80 min €100 per person

Using a signature blend of oils, our Pearl Spas Signature Massage will relax your mind and body, melting away stress while drifting you off to the world of relaxation, by the use of different massage techniques.

Back, Neck & Shoulder Massage

25 min €40 per person

A relaxing massage on the back, neck, and shoulder area. Our therapists will be focusing on giving maximum relaxation and easing out muscle tension to the delicate and connected muscles.

Foot & Leg Massage

25 min €40 per person

Focusing on either the leg or specifically the soles of the feet, this massage aims to help elevate tired feet and heavy legs. Specific massage techniques are delicately used to increased circulation to easing out aches, pains, and soothing down wellness.

Well Being Full-Body Massage

50 min €60 per person

Spoil yourself to a relaxing full-body massage using a mixture of essential oils to destress and relax the body!

Us Two

50 min €140 per couple 80 min €190 per couple

Experience the journey of relaxation with your loved one by your side whilst indulging in a full-body massage in our twin room. Regulated pressure combined with simultaneous movements and traditional massage techniques will give you the infinite couples relaxation. Finish off with a glass of Sparkling wine for a memorable romantic touch!

Sports Massage

25 min €45 per person 50 min €75 per person

As the name indicates, this type of massage is tailor made for sports enthusiasts. Constant muscular movement will build up tension creating irregular stress to joints, tendons and supporting muscles. Qualified therapists will give you the perfect bespoke treatment needed to achieve flexibility, the perfect treat to over worked muscles.

Lymphatic Massage

50 min €75 per person

Specific techniques, combined with delicate pressure favouring lymph flow will help move lymph fluid through lymph nodes, aiding to push toxins and waste. An ideal treatment for cellulite, water retention and also helps the circulatory system.

Candle Massage

50 min €75 per person 80 min €100 per person

A luxury mixture of soy wax and essential oils are formed delicately as candle wax is melted down and are delicately poured on the body. The lit candle produces a soothing aroma, warm and intimate feeling to achieve extreme relaxation.

Deep Tissue Massage

25 min €45 per person 50 min €75 per person

Involving sustained pressure using deep movements in slow motion to target specified muscle areas. Deep Massage helps to reduce muscle tension, and aid muscular recovery by increasing circulation.

Mums to Be

50 min €70 per person

During the pregnancy journey women carry the embodied, causing aches and pains from increase weight and all other body changes. Our professional therapists will gently massage body areas to ease out oedema, improves sleeps, help in pelvic and back pain.



Oriental Head Massage

25 min €40 per person

Targeting the Head, Neck, and Shoulder areas, this massage involves the pleasure of stress relief from the neck and head. It increases circulation and ease out stress in this highly tensed area.

Gua Sha Massage

25 min €45 per person

Ancient Chinese, Gua Sha tools are used on the body to release muscle tension and increase circulation, leaving the muscles flexible and feeling lighter.

Reflexology

25 min €45 per person 50 min €70 per person

This session is focused on specified pressure on the meridian key points on soles of the feet to reduce stress levels. Reflexology is a vital treatment to keep energy levels flowing through nervous system.

Hot Stone Massage

Hot Lava stones together with manual massage deliver heat through the muscles easing out muscle tension and reliving aches. Stones are delicately placed on the body Chakras to stimulate energy restoration and relaxation.

Balinese Massage

50 min €70 per person 80 min €100 per person

Derived from Bali, Balinese massage is a highly nourishing treatment using warm coconut oil which is very beneficial and nourishing for the skin. It consists of long stroke techniques at medium pressure, targeting specific areas to promote oxygen and energy to the upper muscles to revitalize and regenerate.

Cupping (Ventuse)

25 min €45 per person

An exclusive ancient treatment involving delicate placement of specialised 'cups' on the targeted area. Air is removed from the cups by suction to increase circulation, loosen connective tissues, and promoting healing. Cupping creates temporary bruising and soreness.

Thai Massage

50 min €75 per person

Qualified therapists will work on your pressure points, stretch, and pull in appropriate manner to loosen up muscle tissues. Thai massage fulfil the body with new positive energy whilst diminishing tension and stress.

Herbal Compress - Pan Thai Massage 50 min €75 per person

Tailor-made herbal bags are dedicatedly prepared at Pearl Spas using herbs and spices. Compresses are steamed and gently introduced to the body for a combination of massage techniques and infusion of warm compress. Heat transferred from the compresses will create a beautiful aroma which relaxes the senses, mind, and body.

Hopi Ear Candling

25 min €45 per person

Ear Candling is a natural healing remedy which has been ongoing for centuries by various ancient cultures. It is a relaxing treatments which aids in stress relief, softens wax in the ear canal, relieves tinnitus by reducing inflammation and improve healing.

Hilot Massage

50 min €85 per person

An ancient Philippines treatment performed by experienced therapists, it begins with gentle movements which allow the therapist to detect sources of pain and diagnose energy imbalanced areas. Banana leaves dipped in warm coconut oil are cut in strips are placed on the body, in order to absorb accumulated toxins in exchange of releasing oxygen, leaving the body in harmony and balance



Pearl Spas Signature Facial

50 min €60 per person

A treat to deeply hydrate the inside of the skin, reaching living cells to produce cells which will fruitfully leave the skin appearing nourished, vibrant and healthy.

Teenage Facial (13-19 years)

50 min €50 per person

Specific facial for delicate teenage skin.

Anti Ageing & Rejuvenating

50 min €75 per person 80 min €100 per person

A relaxing facial tailor made to target anti-ageing, lifting, and hydration to promote stronger collagen fibers, aiding prevention. This treatment involves complex manual facial techniques, leaving your skin nourished and feeling tight.

Gentlemen's Facial

80 min €95 per person

Tailor made facial elegantly designed for gentlemen where skin is cleaned, nourished, and massaged. One has the option of indulging into a Deep Tissue Back, Neck, and Shoulder Massage in collaboration with the Facial.

Gua Sha Facial

50 min €60 per person

Ancient Chinese, Gua Sha tools have specifically designed shapes to fit facial skin, using strokes that create pressure and stretch, Gua Sha Stones help release muscular tension, boost circulation and reduce puffiness while helps for drainage aiding sinus pressure release. Specific coloured stones have specific benefits - Jade (Balancing).

Rose Quartz (Soothing), Black Obsidian (Warming)

Eye Treatment

25 min €45 per person

Focusing only on the eye area. This is a perfect treatment to increase circulation, reduce puffiness, helps to minimize fine lines and wrinkles, nourish, and hydrates the delicacy of the area.



Ocean Secrets Facial

80 min €95 per person

To reveal every woman's beauty, Thalion's laboratories have designed Ocean Secrets – Extraordinary Antiageing Facial. More than just a treatment, it focuses the quintessence of Thalion's technological know-how on achieving immediate results and a unique sensory experience. This unique facial is based on an innovative massage that sculpts the contours of the face and tightens the skin. This true manual lift combines deep relaxing massages with technical movements to remodel the skin's natural architecture.

Korres Rose Quartz Booster

50 min €65 per person

A luxurious facial which harnesses the regenerative properties of roses to hydrate all skin types while boosting circulation and promotes cell renewal and regeneration. Pure Rose infusion will leave your skin plump and glowing.

Korres Greek Yogurt

50 min €65 per person

One of the best nourishing ingredients especially for sensitive and reactive skin! A perfect treatment to soothe and calm and a highly nutritive treat for the skin!

Pro-Glow Brilliance

50 min €65 per person

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

Pro-Glow Resurface

50 min €65 per person

Purify and brighten as the skin's texture is transformed with a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri -Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

Pro-Glow Genuis Facial

80 min €100 per person

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by ULTRA - SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking.



Skin Analyser

15-30 min €25

A personalised session with our facial expertise using the newly designed facial dome which will capture an automatic and detailed skin analysis to classify and refine the skin. From the Skin Analyser we will evaluate the skin aging, hydration and damage process. Detailed functions will instruct us to detect and treat found conditions.

Cleo Mask Facial (Red Light Therapy)

50 min	€65
80 min	€100

An innovative unique mask and a limited edition 14K Gold Mask! This Revelational next generation, Gold Mask, will boost circulation and promotes collagen production, prevents wrinkles and lines, stimulate new skin cells to grow healthier, rejuvenates the skin complexion and texture. A perfect boost for a brighter and more luminous skin!

Aqua Spectrum Facial (Cavitation - Ultrasound -

RF - Cooling - Dermabrassion - Multifunctional)

50 min	€85
80 min	€120
110 min	€200

A multi task machine which will deep cleanse the skin to uncover a new skin layer, meanwhile ultra sound and radio frequency technology will lift and minimalize fine lines and wrinkles. It enriches the skin with antioxidants and peptides to give an intensive and ultimate glow.

Hydra Facial

50 min €75

Hydra Facial is an intensive Oxygen Hydrating facial with a versatile facial treatment which can be done throughout the year by both men and women. Oxygen is delivered profoundly in the skin aiding in cell turnover, boosting collagen production, improve skin texture, deep cleanses the skin, correct skin imperfections and leaves the skin highly nourished and luminous. The perfect treatment for any special occasion.

Chemical Peel

45 min €65

A trusted choice of peels for many skin types which gives outstanding skin peeling results. Our therapist will consult with you in choosing the right strength for immediate luminosity and brightness.

Derma Sonic Facial (LED - RF - Multi-Functional)

50 min	€75
80 min	€105

It is a revolutionary anti-ageing and lifting beauty device which works multiple functions even though it is a muscle stimulator and it works on tightening facial muscles. It's a scientifically proven treatment, galvanic technology, ultrasound stimulator, light therapy and vibrating massage. A perfect combination for tighter skin, boosts blood circulation, smooths wrinkles and promote new skin cell production.

Genesis - Body Muscle Stimulator

25 min €35

High focused technology will deliver powerful and rapid contractions, targeting body parts in an efficient and faster way than exercise. A single 30-minute treatment is the equivalent of 20,000 crunches or squats! Genesis sculpts and builds muscle, whilst burning fat and increases natural metabolism.

Laser Hair Terminator

25 min	€45
50 min	€65

The ultimate technological innovation with 4 different wave lengths in 1 device to deliver quick, painless results to terminate the hair growth. Effective on all skin types with excellent long term results.



Eyebrow Tint/Eyelash Tint

€15 per person

Eyelash Lift

€70 per person

The 'Lash Lift' is an eyelash procedure that curls, lifts, and shapes natural lashes. Your lashes are extended upwards from root to tip, creating a longer lifted appearance.

Eye Lash Extensions / Eyelash Touch Up €90 per person

€55 per person

Eyelash extensions are cosmetic applications that enhance the length, curl, fullness, and thickness of natural eyelashes.

Eyebrow Threading

€10 per person

Threading gets every single hair, even the tiniest hair and it can be teased out of its follicle, leaving no half-grown strays of hair. Threading will give you a well-defined brow while allowing the hair to all grow in at the same time.

Pearl Manicure

50 min €40 per person

Add Gel Polish for an additional €10

Delicate care of the hands, specialising in a deep cleanse of skin, nail, and cuticle. Focusing on giving a nice shape to the nail and giving a luxurious nourishing mask treatment. Finishing off with a costume choice of nail polish application.

Pearl Pedicure

50 min €40 per person

Add Gel Polish for an additional €10

Indulge in treating your feet, starting off with a foamy soap, followed by a thorough foot scrub. Care is given to nails and cuticles, and a nourishing mask is applied to supple nourishment to the soles of the feet.

Manicure & Pedicure Gel Combo

110 min €95 per person

Work is done on the nails and cuticles, pushing the cuticle.

Work is done on the nails and cuticles, pushing the cuticle back and shaping up the nails, preparing the nail bed for the Gel Polish application. Finishing off with an intensive Hand/Foot cream leaving the skin delicate and soft.

Gel Polish Removal €10.00



Kids Massage

25 min €35 per person

Strictly designed for the tenderness and delicacy of kids, using gentle oil with a Bubble Gum scent. Kids Massage helps promote growth and development, improves sleep quality, relaxes their body, and improves their academic performance. A treasured experience!

Yogurt & Cucumber Facial

25 min €35 per person

Using delicate skin care for sensitive skin, a quick cleanse, and a natural mask with cucumber slices to treat the little ones

Quick Mani & Pedi

25 min €35 per person

File and polish of their choice to achieve beautiful and colorful nails!

Chocolate Wrap

25 min €35 per person

Treat them to a mouthwatering full-body chocolate wrap to fullfill their sweet-tooth and promote fun and relaxation.

Kaumara Abyangham

25 min €45 per person

Treat the little ones to a quick Indian treat using warm Ayurvedic oils to relax the body and mind of our little kids.

Unicorn Facial

25 min €45 per person

A unique experience for the delicate skin of our kids. A facial using a variety of natural products and an experience which will end with a small gift.

Nail Polish Application

15 min approx. €10 per person

Kids Spa Parties

Kindly contact us for further information on our Kids Spa Parties.



Body Scrubs

45 min €45 per person

All scrubs will include an introductory Pressure Point Head Massage and finish off with an application of a body lotion:

- Poppy Seed Orange Scrub
- Coconut & Lime Scrub
- Coffee full Body Scrub Himalayan Scrub

Pearl Signature Scrub. Our therapists will tailor make a specific scrub for you, using organic products according to your needs and desires to help you achieve the best results possible!

Body Wraps

All body wraps include an introductory Oriental Head Massage.

Chocolate Full-Body Wrap

45 min €60 per person

Indulge in the highly nutritive properties of chocolate, providing antioxidants and Vitamin E which will highly nourish the skin. Cocoa scent will drift you off to a world of well being and stress reliving! Finish off with a warm hot chocolate.

Mineral Therapies-Magnesium & Calcium

45 min €60 per person

These 2 cures, concentrated in Magnesium & Calcium offer targeted answers to specific needs:

Marine Magnesium: Anti-stress, well-being, sportsmen cure.

Marine Calcium: Anti-aging prevention, joint care, special seniorscure.

Detox Full-Body Wrap

45 min €60 per person

After an invigorating scrub, a concentrate of marine ingredients is rubbed with detox specific gestures. A phase of deep detoxification follows to stimulate elimination functions and drain the body.

Baths

25 min €30 per person

Plunge into our private candle lit bath for a unique experience of water therapy with the aid of jets working on your tight muscles. Delicate ingredients inputted in the bath according to your likings.

- Cleopatra Milk Bath
- Herbal Aromatic Bath

Sultan Bath Exclusive at Pearl Spas San Antonio

25 min €50 per Couple

Sultan Bath is well known for a romantic experience for two persons. Sultan Bath can take a maximum of 8 people to enjoy this experience together at same time. Its light therapy will enhance your relaxation. Speak to us directly for further information.



Traditional Moroccan & Turkish Hammam EXCLUSIVE AT PEARL SPAS SAN ANTONIO

Traditional Moroccan Hammam

40 min €65 per person

Quick invigorating traditional Moroccan Ritual. Skin is exfoliated using a Moroccan Luffa, washed with black soap, and deeply cleansed with Gazul Mask.

- · Luffa Black Soap Body Soaping
- Gazul Mask Hair Treatment

Royal Moroccan Hammam

50 min €75 per person

Royal Moroccan treat that will deep cleanse and nourish your skin leaving it smooth and polished.

- Luffa-Black Soap Body Soaping
- Coffee Scrub Honey Body Mask Hair Treatment

Whitening Hammam

50 min €75 per person

As the name indicates, this treatment is ideal to achieve a 'whiter' skin by removing dead cells and increasing circulation. Hair Mask will silken your hair and Facial Treatment will brighten your facial complexion.

- Luffa-Saffron Body Soaping
- Saffron Massage- Pomegranate Face Treatment
- Hair Treatment

Marrakesh

80 min €95 per person

Drift off to Marrakesh by indulging in this traditional Moroccan ritual which will initiate by deep cleansing the skin. Loaded in antioxidants and long-live beauty secret Argan Oil also known as 'Liquid Gold', it will preciously treat the skin and hair, leaving your skin deeply cleansed, bright and luminous.

- Luffa Argan Body Scrub
- Black Soap Body Soaping
- Argan Oil Massage
- Rose Face Treatment
- Hair Treatment

Moroccan Hammam Couples Ritual

80 min €150 per couple

Traditional Moroccan Hammam for Couples.

- Luffa
- Black Soap
- Gazul Mask Hair mask
- Face Mask Sultan Bath

Traditional Turkish Hammam

40 min €65 per person

Quick Traditional Turkish Treat to deeply exfoliate the skin using a Kiese to eliminate dead cells followed by a deep cleansing bubble massage with Turkish soap and a Clay Mask.

- Kiese
- Body Soaping
- Bubble Massage
- Clay Mask

Coffee Ritual

50 min €75 per person

Perfect treat for the Coffee Lovers! A full-body Coffee Ritual using specific coffee beans extract to enhance radiance, giving youthful looking skin. It increases circulation in aid to break down cellulite, detoxify and promote glowing skin.

- Kiese
- Coffee Scrub
- Coffee Body Soaping
- Bubble Massage
- Coffee Face Treatment

Olive Hammam Ritual

50 min €75 per person

Olives have a history of endless benefits on the skin and body. This ritual will transport you to ancient Greek remedies, well known worldwide.

- Kiese
- Olive Body Soaping
- Olive Body Treatment
- Olive Oil Hair Treatment

Yogurt Hammam Ritual

50 min €70 per person

Indulge in the world of natural yogurt to boost nourishment and skin regeneration. The richness of endless benefits from yogurt will leave your skin lavished.

- Kiese
- Milk Body Soaping
- Bubble Massage
- Yogurt Facial



Traditional Moroccan & Turkish Hammam EXCLUSIVE AT PEARL SPAS SAN ANTONIO

Turkish Hammam Couples Ritual

40 min €140 per couple

Traditional Turkish Hammam for Couples.

- Kiese
- Soap
- Bubble Massage
- Clay Mask
- Face Mask
- Turkish Delights and Tea

Aromatic Hammam Ritual

50 min €70 per person

Drift off to the world of Aromatherapy and diffuse in the world of Hammam.

- Kiese
- · Aromatic Body Soaping
- Aromatic Bubble Massage
- Aromatic Body Massage

Sultan's Touch

110 min €120 per person

Designed for gentlemen in need of a well-deserved Sultan's treat.

- Kiese
- Body Soaping
- Bubble Massage
- Scrub
- Body Mask
- Hair Treatment
- Sultan's Bath
- Face Treatment
- Body Massage

Cleopatra's Ceremony

110 min €120 per person

Intended for the perfect female delicacy ensuing the famous Cleopatra body ritual.

- Cleopatra Milk & Honey Bath
- Kiese
- Milk Body Soaping
- Bubble Massage
- Nutritious Body Mask
- Milk Therapy Hair Treatment
- Milk Face Treatment
- Nutritious Massage

Scent of Malta

50 min €75 per person

A unique treat indulging in the use of natural local products to cleanse and nourish your skin, giving you a beautiful Maltese memory to cherish.

- Luffa
- Sea Salt Scrub
- Bubble Massage
- · Prickle Pear Body Soaping
- Olive Oil Body Nourishment Mask

Pearl Spas Signature Hammam Couple Treat

110 min €240 per couple

Indulge in our unique Pearl Spas Hammam treatment using exclusive signature blends to soften your skin while giving you a blissful experience.

- Couples Sultan's Bath
- Kiese
- Body Soaping
- Bubble Massage
- Body Scrub
- Body Massage
- Bodv Mask
- Face Treatment
- Hair Treatment

Bridal Hammam

100 min €140 per person

An ancient tradition which goes back to the Ottoman, gives the Bride a ritual of beauty and purification in preparation for her special day.

Gazul, Hair Treatment, Herbal Face and Body Mask, Black Soap, Coffee Scrub, Argan Oil Massage, Sultan Bath, Pearl Pedicure, Argan Oil Full Body Massage, Spa Lunch and Glass of Wine.

Hammam Group Experience

50 min €240 for 4 persons

Experience a unique cleansing ritual with your friends! A memorable, fun and relaxing experience which leaves the skin deeply cleansed and nourished. Kiese, Black Soap, Hair Treatment, Sultan bath, Traditional Maroccan Drink and Fruit Platter to share.



Ayurvedic Back Massage with Herbal Compress

25 min €45 per person

A perfect treatment focusing on the Back, Neck and Shoulders ares using Ayurvedic Oils and Herbal Bags. A highly beneficial treatment for any one in need of pain relieve, relaxation and well being!

Ayurvedic Head Massage

25 min €45 per person

A Beautiful Indian Head Massage using warm Ayurvedic Oils to relief stress and tension from the Shoulders, Neck and Head Area!

Abhyangam

 50 min
 €70 per person

 80 min
 €95 per person

 110 min
 €135 per person

A traditional Indian massage which is the fundamental treatment to all Ayurveda. It increases blood circulation to promote regeneration to the body. Using long stroke movements with the aid of warm medicated oil to promote wellness and muscle relaxation.

Four Hand Synchronized Abyangham

80 min €150 per person

This is the traditional Ayurvedic Oil Massage which involves two therapists working from head to toe, in a synchronised rhythm performed by a therapist on each side. It is an excellent treatment for mental and physical relaxation, balancing the mind, body, and soul.

Uzhichil

50 min €80 per person

Uzhichil is the Ayurvedic term for 'Deep Tissue'. Ayurvedic warm oil is worked on the muscle to ease out tension while pressure is applied on 'Mama Points' will open the body chakras generating an increase in circulation feeding the body organs and systems.

Elakizhi

50 min €85 per person 80 min €105 per person

Traditional bags made in-house filled with a mixture of various herbs, leaves and coconut, dipped in warm Ayurvedic oil which are professionally rubbed on the body. Elakizhi is said to be effective towards health concerns such as arthritis, spondylitis, back pain, sports injuries and other tissue inflammations, especially joint pains.

Shirodhara

80 min €120 per person

Starting off with Abyangham (Traditional Ayurvedic Massage) to release muscle tension and relaxes the mind. Warm oil is poured on the forehead (third eye) to drift you to a world of bliss and relaxation. Shirodhara is one of the most relaxing treatments one can ever indulge in! A perfect treatment to improve sleep quality, manage insomnia, lessen anxiety, and reduce stress.

Ksheeradhara

80 min €130 per person

Warm milk is poured all over the body to deeply nourish and hydrate the skin. Since milk is extremely soothing and high in nutritive, it is a perfect treatment for any skin condition such as very dry skin and sunburns.

Navara Kizhi

50 min €85 per person 80 min €105 per person

Start off with the traditional warm oil full-body massage. The treatment is initiated with warm rice (Navara rice) bags, dipped in milk and herbal mixture. It deeply nourishes, softens, moisturizes, and enhances skin complexion. Navara Kizhi improves muscle strength, relive joint stiffness, and restores body energy. It is also a good treatment to soothe and nourish any skin condition.

Narangakizhi

45 min €55 per person

Narangakizhi is a combination of lemon, turmeric, coconut and herbs, together they intensify this particular treatment, known to be effective for relief of targeted area pain. It is also known to be a specific treatment for tennis elbow, shoulder pain and stiff neck.



Pitchu

40 min €55 per person

A specific treatment targeting pain in a specific area, it is an ideal treatment for anyone having sharp pain and inflammation.

Sirovasthy

50 min €60 per person

Targeting the head area, this is a specific treatment to treat insomnia, memory alignments, headaches, and migraines.

Spinal Care Treatment

50 min €60 per person

A traditional Ayurvedic localised treatment which works on killing the pain in the area.

Udwarthanam

50 min €85 per person 80 min €120 per person

Udwarthanam is also known as the powder massage. A mixture of oil and herbal powder is applied on the body and rubbed in the skin in upward movements. This is the perfect treatment for anyone wanting to lose weight or break down cellulite, detoxify the body and improve lymph flow in the body.

Nasaym Dhooma

25 min €45 per person

Using Ayurvedic oils and herbs in combination with steam, Nasaym is the perfect treatment for blocked sinuses, headache, migraine, and nasal congestion.

Ayurvedic Anti-Dandruff Hair Treatment

40 min €55 per person

A treatment focused on the scalp using warm herbal oils cautiously rubbed to eradicate dandruff.

Ayurvedic Facial

50 min €65 per person

A unique facial using natural products made up with natural herbs, spices, fruit enzymes and the famous Mukh Lepam!



How to Spa

Arrival

Kindly be at the Spa 15 minutes prior to your treatment starting time. This will ensure that your Spa experience commences in a tranquil manner. Providing you with enough time to fill in your consultation form and coddle for your Spa experience.

Cancellation

We understand that one may need to reschedule or cancel an appointment, however a 50% cancellation fee applies if appointment is cancelled or scheduled less than 24 hours prior to treatment.

Late Arrival

Lateness for scheduled appointments will be deducted from the treatment time and not added on. Full cost of treatment is applied.

Gift Vouchers

Gift vouchers are valid until the validity date indicated on the voucher itself. Vouchers can be bought directly from Pearl Spas Reception or from our website - www.pearlspas.com. All vouchers are to be presented in hard copy to our Spa reception. Vouchers can be used at any Pearl Spa Outlets.

Spa Attire

In-house guests are encouraged to use the bathrobes provided by the hotel. Guests for day Spa are provided with locker key, towels and bathrobes against a refundable deposit of €20.00.

Spa Rules

We recommend that no valuables are brought to the Spa as we cannot be held responsible for any loss or damage. Mobile phones must be switched off or put on silent mode. Smoking is prohibited in all areas of the Spa.

Minors

Clients under the age of 18 years must be accompanied at all times (including treatment room) by an adult. The guardian needs to sign the consultation as a consent for the treatments.

Booking

We highly recommend to book in your Spa Treatments at least 3 days in advance in order to get accommodated according to your requests. Bookings can be done either by contacting us directly via Email, Calls, Social Medias, visiting the Spa Reception Desk directly during Spa opening hours or directly from our website through our Online Booking System.







Bookings & Reservations

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